



Asian Breast Cancer Support Group

The Nightingale Centre and Genesis Prevention Centre
Southmoor Road, Manchester M23 9LT

Email: asianbreastcancersg2011@gmail.com
Twitter: Asian Breast Cancer @BME_CANCER

Asian Breast Cancer Support Group Spring Meeting

Friday 29th April 2016, 1-5pm, The Nightingale Centre and Genesis Prevention Centre

3.20- 4.05pm Interactive Group Work on Patient to Patient Support Initiative (PaPSI); Jo Taylor, Patient & Creator of After Breast Cancer Diagnosis Website (abcdiagnosis.co.uk)

SUPPORT NEEDS OF BREAST CANCER SURVIVORS

1. How to help patients comply with their follow up and any on-going treatment?

Text Messages, Reminders
Sample info about re occurrence
Social Media care package
Website information
Increase help seeking behaviour
Meeting with mentor after 1year +create follow up pathway

2. How to support their emotional needs?

Support Groups/Better access
ask where they would like from
Information
Communication

3. How to ensure they seek early help if any return of symptoms?

If it returns it's still treatable – to make sure women know
Raise profile of the disease through media using Asian channels
Provide follow up information to take home



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Use high profile individuals who have been through the issue to give people hope

Self-Examination more regularly

Attend follow up appointments

Advise that they should continue to feel confident to speak about it

4. Would they like to help raise breast cancer awareness/ support other patients?

Face to face /One to One

Training Education

Important to check yourself regularly

Appropriate Support available to them

There is life after Breast Cancer surviving

Role Models having gone through the experience

5. Any other need?

Offer sitting on Trust Committees

Interview panels

Support about passing on info it 'Genetic' to wider family

Offer Volunteer Opportunity in Trust

Give wider ? Info /Services Support

Turn Cancer Champions into wider community health champion

Service design to create services

Eligible for 3 Category 1 RCR CPD Credits

RSVP (ASAP for catering purposes): [Saima Rashid](#), Administrative Assistant ABC Support Group

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